



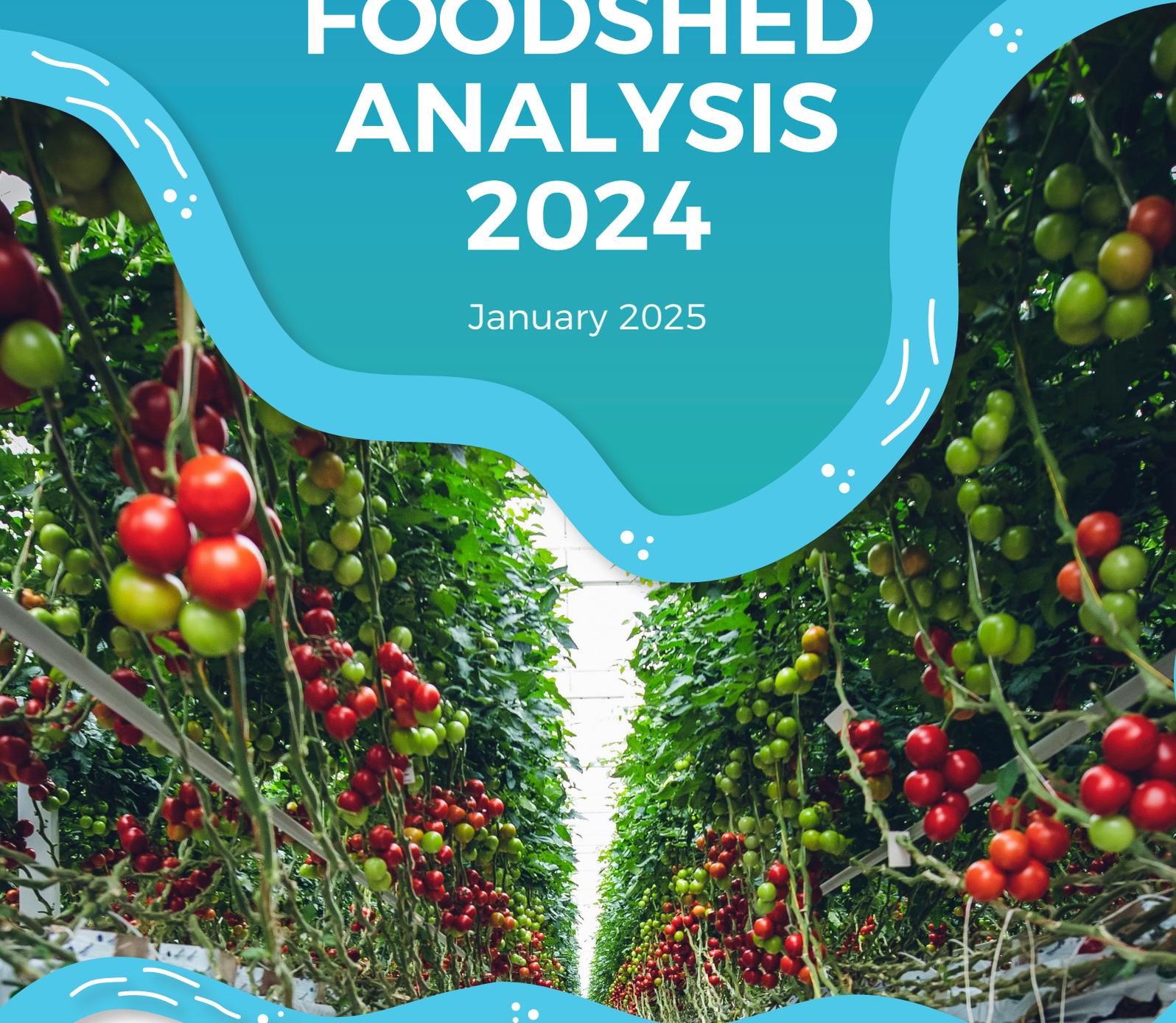
**Waikato  
wellbeing  
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Research . Knowledge . Storytelling

# WAIKATO REGIONAL FOODSHED ANALYSIS 2024

January 2025



# Waikato Regional Foodshed, 2024

**566kg**

Estimated annual food quantity per person for a healthy diet.



**300,000**

Tonnage of food per year needed to feed Waikato's 522,600 residents.



**7%**

Of the region's red meat production would be needed to meet local demand, resulting in a surplus of 180,000 tonnes per year.



**4%**

Of dairy produced in the Waikato is needed to meet local demand, leaving a surplus of 1.6 million tonnes.



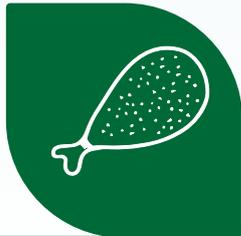
**Waikato does not produce**

Enough grain, legumes, nuts, fruit, pork, and aquaculture to meet local demand.



**Chicken meat**

Has the highest output per hectare among all food types.



**93%**

Of all food produced in the Waikato, by tonnage, is milk.



**46%**

Of agricultural land use is for dairy production.



**7m**

Tonnes of all foods the Waikato region produces every year.



**51%**

Of agricultural land use is for red meat production.



**0.4%**

Of food-producing land is used for fruit, vegetables, nuts, and legumes.



**57%**

Of Waikato's land (1.4 million hectares) is used for food production.



**2.5m**

The total area of the Waikato Region (hectares).

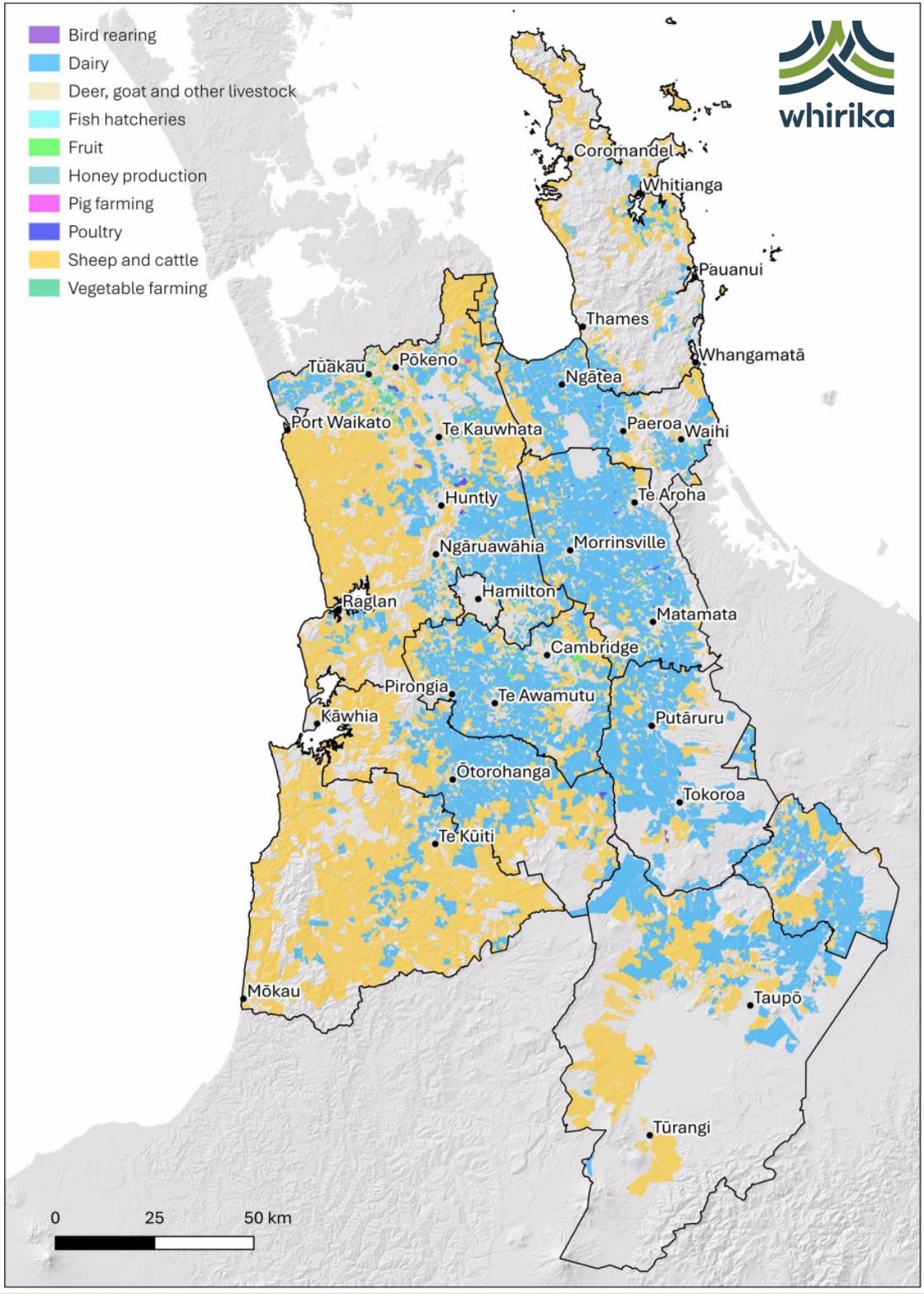
All statistics are estimated on an annual basis, unless stated otherwise.



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**A foodshed analysis is a report that provides information on the current estimated amount of food needed to feed the population residing within the study area and compares it to the estimated amount of food produced within the study area.**



Map showing the food producing land use across Waikato Region (high level data from AgriBase®)



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